

Don't work if you are sick



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Why?

If you have symptoms such as diarrhea, vomiting, nausea, abdominal pain or cramps, and/or fever, you may have a foodborne illness that could be spread to others. Washing your hands with soap and water after being sick or using the bathroom can help keep others from getting sick. It is best to stay home or don't work with food if you're sick.

Staying home can keep you from accidentally giving your illness to others.

