



Your Company
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To prevent the spread of COVID-19 to and among field workers

1. Upon arrival to the farm, wash your hands thoroughly using running water and soap for at least 30 seconds, then sanitize your hands with an antimicrobial foam or gel.
2. Throughout the day, wash and sanitize hands:
 - a. After taking a rest or meal break prior to reentering the field.
 - b. After each instance of using a tissue to contain and wipe after sneezing or coughing.
 - c. Prior to donning gloves.
 - d. Anytime you suspect your hands may have become contaminated.
3. Avoid touching your eyes, nose and mouth.
4. Limit access to the farm to only essential staff and informed external service providers (i.e. crop management and pest control advisors, contract harvesters).
5. Limit physical contact and interactions of staff with each other. Do not hug or shake coworker's hands. When possible, remain 6 feet apart from one another.
6. Inform your supervisor if you have a fever, cough or shortness of breath, and self-isolate immediately. Fever symptoms often include chills and body aches.
7. If wearing disposable gloves or PPE (personal protective equipment) is already required, ensure that hands and clothing are clean prior to donning gloves and PPE. Gloves and PPE need to be disposed as per the manager's instructions. Do not wipe hands on clothing after removing gloves but immediately go to stations for hand washing.
8. Leave phones with your personal belongings and check them only during breaks, phones must be sanitized before and after use. Do not use each other's phones.
9. Do not use other employee's tools or harvesting equipment. Tools and equipment must be cleaned and sanitized before each shift, frequently throughout the day, and at the end of the shift.
10. Bathroom and handwashing facilities must be cleaned and sanitized in the morning, frequently throughout the day, and at the end of the shift. Make sure they remain well stocked and sanitary. If not, immediately inform your supervisor.
11. For routine cleaning of surfaces, use approved sanitizer solutions.
12. Use tissues and towels only once and dispose of them in covered trash receptacles.